

February, 2010



sit and fight

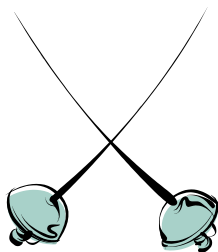
THE US W'CHAIR FENCING NEWSLETTER

SPECIAL POINTS OF INTEREST:	UPCOMING EVENTS!
<p>Les Stawicki, US National Coach, has stated that ALL future w'chair NACs will have the day prior to competition be set aside as a TEAM TRAINING DAY. Please begin adjusting your travel schedules. We are awaiting confirmation from USFA for a start time on Thursday March 25.</p> <p>Developmental Camps may still be available to help new programs. Contact Gary van der Wege or Les Stawicki for more info.</p> <p>The International Wheelchair Fencing website has not been updated in quite a while. More info can be found at the IWAS website, including the schedule of World Cups. http://www.iwasf.com/iwasf/index.cfm/sports/iwas-wheelchair-fencing/wheelchair-fencing-events/</p> <p>WANTED: Youth W'Chair Fencers!!! We have a few Y-14 category fencers and would like to add events for them, but need a few more. If you know of any that are interested in possibly competing in Atlanta. Rumor has it there may be a Cadet World Championships Contact Gary wedge@austin.rr.com.</p> <p>Selling a chair that someone could use for competition? Please post an ad here!!</p>	<p>February 26-28: Louisville, KY. *National Training Camp*</p> <p>Run by National Coach Les Stawicki. Schedule includes bouting with top able-body fencers who have a lot of seated fencing experience. Please contact Ginny TriClimb@aol.com if you are attending.</p> <p>March 12-14: Phoenix (Mesa) AZ. *Training Camp*</p> <p>Check out the flyer attached. It's a beautiful resort and they will be utilizing video analysis of your fencing. Tournament on Sunday. For more info, contact Pia Douglas info@gcsff.org. Register at ASKFRED.</p> <p>March 26-29: Dallas *NAC* Early Registration deadline was February 8. Check with the USFA office to see about getting in!!! Thursday: Training camp, prep Friday: Men's Epee, Women's Foil Saturday: Men's Foil, Women's Sabre Sunday: Men's Sabre, Women's Epee</p> <p>April 30-May 2: Montreal, Canada *WORLD CUP* See the attached flyer for info. Registration deadline is Mach 1</p> <p>July 4-7? : Atlanta *SUMMER NATIONALS* Early registration deadline May 17!!!</p>

<p>There are benefits to becoming a Paralympic Sport Club. Your club can host a 'Paralympic Experience' and actually make some money by doing so, as well as bring in some new fencers. Check out the USP web site.</p>	<p>May 21-23: Lonato, Italy *World Cup*</p> <p>July 8-11: Warsaw, Poland *World Cup*</p> <p>November 4-13 *World Championships* Paris</p>
<p>WANTED: PEOPLE WILLING TO RESEARCH AND HELP US APPLY FOR GRANTS.</p>	<p>Contact Gary wedge@austin.rr.com if you have interest.</p>
<p>VISIT OUR WEBSITE:</p>	<p>www.wheelchairfencer.org</p>

GOOD LUCK TO OUR WINTER GAMES TEAMS
IN VANCOUVER.

GO USA!



FENCING 101

Disagree with the Ref?

It helps if you really know the rules and current interpretations. Take the USFA/FOC referee seminar and consider becoming a rated referee. You might even get some of your travel expenses covered in the future, and make a little money on the side.

GIVE BACK! THERE ARE OTHERS OUT THERE THAT CAN LEARN AND BE INSPIRED BY YOU!